

I'm not a bot



Anytime Fitness is the healthiest franchise opportunity on the planet. As the fastest-growing fitness franchise in the world, Anytime Fitness helps more than three million members in more than three thousand gyms around the globe get to a healthier place. Recently honored as the world's "Top Global Franchise" by Entrepreneur magazine, Anytime Fitness offers entrepreneurs a convenient and affordable recurring-revenue business model. Franchisees enjoy the luxury of being their own boss, and are given the resources and support to achieve a healthy work/life balance. Anytime Fitness is the perfect fit for entrepreneurs seeking the opportunity to run a business that has the potential to make a profound difference in people's lives. Entrepreneur Magazine • Top 500 Franchises — 1st • Top Fitness Franchises — 1st • Fastest Growing Franchises — 10th • Top Global Franchises — 10th • Top Franchise for Military Veterans — 4th Forbes • America's Most Promising Companies — 14th • Top 20 Franchises for the Buck — 18th • #9 Best Franchises in America USA Today • Top 50 Franchises for Minorities • Top 50 Franchises for Veterans CNN Money • Top 10 Great Franchise Bets Franchises Times Magazine • #6 Fast and Serious List Club Business International | Magazine • Fastest-Growing Fitness Club in the World • #1 Fitness Franchise in the World • #4 Number of Members • #2 Revenues Star Tribune • Top Workplaces | 2011, 2012, 2013 Minnesota Business Magazine • Best Large Company to Work | 2012, 2013, 2014 G.I. Jobs • Top Military Friendly Franchising | 2010, 2011, 2012, 2013 & 2014 National Minority Franchising Initiative | Top 50 Franchises for Minorities | 2011, 2012, 2013 & 2014 HRSA - International Health, Racquet and Sportsclub Association • Fastest Growing Fitness Club in the World Sports Illustrated • Top 25 Franchises for Hispanics Franchise Charter • #1 Best Franchise Business Model 87,418 followers 14 For over 23 years, we've built more than just a 24/7 fitness franchise... we've built an entrepreneurs' dream business model: scalable, proven, and always ahead of the curve. Anytime Fitness was recently featured in 1851 Franchise's article "What Makes the Top Franchises of 2025 Stand Out in a Competitive Market?", here are a few reasons Anytime Fitness was featured: • Scalable Infrastructure: Built for multi-unit expansion with operational support, recurring revenue, high retention, and growing demand • Trusted Brand Power: Over two decades of performance, recognition, and innovation • People-Focused Model: What we do transforms lives—and that kind of impact never goes out of style Read more here: ♦ 87,418 followers 3d Edited Dallas, we can't wait to work out with you! With a solid track record as the world's largest 24/7 fitness franchise and over 20 years of experience, Anytime Fitness offers you unparalleled expertise and support. Now is your chance to take advantage of opening your own gym to bring health and wellness to your community. Ready to take your next steps as a business owner? Let's chat! 87,418 followers 1w Anytime Fitness is honored to be named one of the Top 10 Gyms in the U.S. by USA TODAY! This award is a reflection of the incredible support we receive from our community every day. From our passionate franchise owners and dedicated coaches to every member who walks through our doors with purpose and grit, Anytime Fitness wouldn't be the same without you. We're proud to be part of a fitness movement that empowers, uplifts, and inspires. And while awards like this are amazing, the real reward is seeing lives transformed every day. Thank you to everyone who voted and supported us! #AnytimeFitness #FitnessFranchise #Fitness 87,418 followers 1w Working out anytime, anywhere just got even easier. We're excited to announce we are opening a gym in Vienna, Virginia! Turn your dream of business ownership into a reality by bringing health, wellness and coaching to your community. We can show you the path to start your own fitness franchise. Open territories are going fast. Chat with us today: 87,418 followers 2w At Anytime Fitness, we strive to support a holistic wellness journey in and out of the gym with a hybrid approach. While most members enjoy the community and convenience of an in-person experience, it is important to have a sustainable plan to meet members wherever they are. The Anytime Fitness app offers a library of content that ranges from training form tips, workouts curated from Apple Fitness+, recipes to inspiring healthier eating, and recovery recommendations. Seamlessly connecting to in-club experiences, members can use their Anytime Fitness app as a tool to get a holistic snapshot of the work they've done in and out of the gym and with routine coach check-ins, they build accountability to achieve their goals. Our hybrid approach isn't just good for members - it's a win for our franchise owners as well. Supporting members with a hybrid approach to fitness can increase member retention and continues to be a great tool for coaches to leverage. Build your business with an innovative fitness franchise: #AnytimeFitness #FitnessFranchise #FranchiseOpportunity 87,418 followers 3w Weston, we can't wait to workout with you! With a solid track record as the world's largest 24/7 fitness franchise and over 20 years of experience, Anytime Fitness offers you unparalleled expertise and support. Now is your chance to take advantage of opening your own gym to bring health and wellness to your community. Ready to take your next steps as a business owner? Let's chat! 87,418 followers 3w "Fitness is medicine." Nick Herrild, Anytime Fitness U.S. Brand President, joined other thought leaders at #ATNInnovationSummit2025 as a speaker to discuss the future of wellness. Anytime Fitness continues to focus on innovation so our members – and our franchisees – have access to the latest in effective wellness solutions. That focus on always innovating gives our franchisees the confidence that whatever is next in wellness, Anytime Fitness will help them deliver it to their members! #AnytimeFitness #FitnessFranchise #FranchiseOpportunities 10,724 followers 4w What isn't being talked about enough in fitness and wellness? We put the question to a few standout voices at the ATN Innovation Summit 2025, and they didn't hold back. Frank Lipman, MD, Functional & Longevity Medicine Pioneer, Eleven Eleven Wellness Center, Nick Herrild, Brand President U.S., Anytime Fitness - Purpose Brands, LLC Ed Zouroudis, CEO, Evolt From overlooked issues to untapped opportunities, here's what they shared. Captured live at ATN Innovation Summit 2025. #ATNInnovationSummit2025 #thelatechnews #wellnessleadership #futureoffitness #wellnessbusiness 87,418 followers 3w Working out anytime, anywhere just got even easier. We're excited to announce we are opening a gym in the Medina Valley! Turn your dream of business ownership into a reality by bringing health, wellness and coaching to your community. We can show you the path to start your own fitness franchise. Open territories are going fast. Chat with us today: 87,418 followers 1mo Moe Michelle, a member at Anytime Fitness Bellefontaine, OH "I've been an Anytime Fitness member since 2018, but as I approached 50, I struggled with weight gain and unhealthy habits. I discovered Shelly through Anytime's Facebook page and knew she was exactly what I needed. After months of procrastinating, I took the intimidating step of asking for help. I started training with Shelly in September 2024, and through her guidance and a major diet change, I lost 35 pounds. But what I've gained is even more impactful—confidence, discipline, and a real understanding of my workouts. Shelly explains proper form, progressive overload, and time under tension – concepts I thought I understood until I trained with her. Her positivity, encouragement, and ability to educate while training are unmatched. I'm so thankful for the opportunity to work with her and for the positive changes she's helped me create." Let's hear it for Michelle and Coach Shelly! Anytime Fitness offers various membership options based on location and can be paid on a month-by-month basis or through gym membership broker Hussle. However, they typically require members to sign a contract when joining the gym. The average monthly cost of membership is \$53, with club dues, monthly fees, and any additional charges. If you are not able to get a short-term membership directly from your local gym, you may consider using gym membership broker Hussle, which sells unlimited "Monthly" passes for over \$700 per gym. Cancellation of any membership depends on contract length. The average monthly membership fee is around \$99, but some members report paying approximately \$50 per month depending on the location. Memberships can be structured as month-to-month or annual contracts. For instance, one member mentioned paying a \$60 membership fee for a six-month contract at a gym in the eastern suburbs, which was quite different from others.It's noted that Anytime Fitness generally does not enforce long-term contracts, allowing potential members to try the gym without extensive commitments. While there have been complaints about automatic renewals of fixed-term contracts, most memberships come without strings attached. New members may also have the opportunity to try the facilities for free. Initial fees for new members often include a \$49.99 sign-up fee and a \$35 cost for a key fob. Read also: Can I Use Speedo Biofuse Fitness Fins For Snorkeling?Any additional fees vary by location since each gym is independently owned. Members benefit from personalized fitness plans and support from coaches. Some locations have introduced a no-contract policy, enhancing flexibility for users. Overall, Anytime Fitness emphasizes accessibility and personalized service, making it easier for individuals to start their fitness journey. (Image Source: Pixabay.com) Can You Go To Any Time Fitness With A
Membership?Yes, Anytime Fitness members can access any gym within their global network, totaling around 4,000 clubs across 30 countries. This makes your membership truly global, allowing workouts not just in your home country but everywhere there's an Anytime Fitness location. Membership options vary by location, typically including 6, 12, and 18-month contracts that should be checked with your local gym. All Anytime Fitness gyms adhere to similar accessibility rules, meaning you can visit any gym at any time, even late at night. When visiting these gyms, make sure to carry your key fob, as it verifies your membership. They generally carry a variety of fitness equipment, including treadmills, free weights, and group fitness classes. Anytime Fitness also offers personal training services, which can be booked through the Anytime Fitness app. Members can also participate in group fitness classes, such as yoga, Pilates, and HIIT. What if I don't have a membership? You can either visit your nearest Anytime Fitness club or inquire online. Generally, new members will need to attend during gym hours initially to finalize their registration and receive their key fob. While your membership allows access to all locations, there may be certain restrictions imposed by individual clubs, so it's advised to inquire about those when signing up. Overall, the flexibility and accessibility are significant perks of being an Anytime Fitness member. (Image Source: Pixabay.com) Does Anytime Fitness Have A Long Term Contract?Anytime Fitness is known for its flexible membership options, offering no long-term contracts, allowing members to exit easily after a certain number of months. Membership packages generally include monthly, yearly, and sometimes shorter durations such as 6 or 18 months, depending on the specific club. Many locations provide month-to-month plans, catering to those who prefer not to commit long-term. As one of the largest gym chains globally, Anytime Fitness boasts convenient 24/7 access and advanced equipment. Membership pricing typically averages around \$50 per month, but this can vary by location and dependent on available facilities. Members typically pay a full monthly fee, automatically debited from their card on file. Furthermore, the gym offers a 7-day trial pass for those uncertain about long-term commitments, with trial prices ranging from \$5 to \$20. While Anytime Fitness generally requires members to sign a contract upon joining, this outlines the membership terms, including automatic renewals for monthly contracts. Members looking for short-term or annual memberships should check with their local Anytime Fitness, as the pricing and contract lengths can differ by location. Options such as 3-6 month, 12-month, and 18-month packages are available, with longer-term contracts typically offering better rates per month. Although some clubs may have the flexibility of month-to-month memberships, it is essential to inquire directly with the gym for specific availability and terms. Additionally, new members can often receive a complimentary trial or introductory discount. For example, one member mentioned a 7-day trial pass for \$5. Gym Membership?In 2024, affordable gym memberships are becoming harder to find. Here are seven gym chains that offer cheap options: YouFit Gyms, with 80 locations in 9 states, charges \$9.99/month; Planet Fitness has approximately 400 gyms in 50 states, with most memberships at \$10/month; Crunch Fitness, boasting over 400 locations in 34 states, charges between \$9.99-\$24.99; and LA Fitness, with 550 locations across 22 states, offers memberships starting at \$39.99. Planet Fitness is noted as one of the most affordable options, with a \$10/month membership, while Crunch Fitness is considered beginner-friendly. Anytime Fitness, featuring over 4,500 locations globally, is great for travelers. Membership costs vary by location, and some gyms, like Fit for Free, have rates starting around €15/month, while others, such as PureGym, can charge approximately €21.99/month. Day passes and pay-as-you-go options also exist. When evaluating gym memberships, consider initiation fees and annual costs. To maximize value, compare different chains. For instance, Crunch and Planet Fitness offer very competitive rates at around \$9.99/month, representing the lowest prices among chain gyms. Additionally, some gyms provide promotions that could reduce fees further. Read also: Can I Use A Visa Gift Card For Planet Fitness? (Image Source: Pixabay.com) Is Anytime Fitness A Rolling Contract?At Anytime Fitness, members must provide a full calendar month's notice for cancellation, as most Membership Agreements are for 12 months and then automatically transition to a month-to-month basis after the first year. It's crucial not to cancel the Direct Debit instruction, as it continues to process automatically until the membership term ends. The gym offers different contract lengths depending on location, including the option to pay monthly after the initial 12-month period. Reciprocal access is a standard feature of the membership, allowing access to gyms locally and globally. Members have raised concerns about early termination fees, with some encountering charges as high as \$100 when canceling before the 12-month term. However, some members report that these fees are waived if they cancel within the first 30 days. The gym also offers a 7-day trial period. Regarding the agreement, memberships become rolling contracts. A recent analysis revealed different membership options, such as a one-month rolling contract for €35.99 or a 12-month direct debit membership for €54.95 per month. Members typically enter into legally binding agreements, which outline their rights and responsibilities concerning gym facilities and services. Early cancellation complications often arise, especially for individuals facing financial difficulties or job loss. For those planning to join, weighing individual fitness goals, lifestyles, and the gym's contractual terms is essential for making informed decisions. In conclusion, there's a need for careful consideration of the contractual terms and policies at Anytime Fitness to avoid unexpected charges and ensure satisfaction with gym services. (Image Source: Pixabay.com) Can You Suspend Anytime Fitness Membership?You can put your Anytime Fitness membership on hold twice within a 12-month period for up to 3 months total, provided payments are up to date. Additional holds for travel, medical, or hardship reasons may be granted upon proof. To inquire about suspending your membership, contact your home club directly. Membership cancellation is allowed at any time with a 30-day notice, which can be submitted in person, online, by post, or via email. A step-by-step guide is available online for the cancellation process. To freeze your membership, if you have a 12-month plan, you can freeze it twice for a maximum of 3 months each time. Different clubs may have their own policies, as each location is independently owned and operated. A 30-day written notice is required for membership suspension, and Anytime Fitness may request a doctor's certificate to verify illness or injury. During the suspension period, a reduced monthly fee will apply. To cancel, you must provide 30 days' written notice along with proof of relocation and a potential \$250 early cancellation fee. Note that cancellation is restricted unless medically necessary. If you want to unfreeze your membership before your next billing date, you might incur an additional charge. 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